

**REVEREND FR. ENRIQUE ALVAREZ**

Pastor / Párroco

**DEACON MARK HOLT**

Business Manager / Administrador

**DEACON MARK HRONICEK**

**DEACON DON GALLI**

**SR. SUSAN WONG GARCIA**

Coordinator of Religious Education /  
Coordinadora de Educación Religiosa

**JOHN WIHL**

Music Ministry / Ministerio de Música

**HOLY FAMILY**  
CATHOLIC CHURCH



IGLESIA CATÓLICA DE  
**LA SAGRADA FAMILIA**

7817 Old Auburn Road • Citrus Heights, California 95610

Phone (916) 723-2494 • Fax (916) 723-0199

Email: holyfamilychurch@surewest.net

Website: [www.holyfamilycitrusheights.org](http://www.holyfamilycitrusheights.org)



**TODAY: February 5, 2023**

**Fifth Sunday in Ordinary Time**

## MISSION STATEMENT

We the community of Holy Family Parish, all members of the Body of Christ, strive to be a voice of truth and clarity in our faith. We worship God and celebrate the gift of Jesus Christ in word and sacrament. Unified by the Holy Spirit, we commit to the ongoing conversion to Christ in ourselves and in our parish. We are committed to extending Christ's unconditional love to all, especially the neglected, the oppressed, the aged and the wounded of heart. We welcome all to share in the richness of our Catholic heritage.

## DECLARACIÓN DE LA MISIÓN

La comunidad de la Parroquia De La Familia Sagrada, todos los miembros del cuerpo de Cristo, nos esforzamos ser una voz de la verdad y de la claridad en nuestra fe. Adoramos a dios y celebramos el regalo de Jesús Cristo en palabra y el sacramento. Unificado por el Espíritu Santo, confiamos a la conversión en curso a Cristo en nosotros mismos y en nuestra parroquia. Estamos confiados a ampliar el amor incondicional de Cristo a todos, especialmente haber descuidado, haber opreso, haber envejecido y el herido de corazón. Damos la bienvenida a todos para compartir en la riqueza de nuestra herencia católica.

### PARISH OFFICE HOURS

#### HORAS DE OFICINA DE LA PARROQUIA

Monday - Friday / Lunes - Viernes 9:30 a.m. - 2:30 p.m.  
Saturdays, Sundays & Holidays / Sábado y Domingo Closed

#### HORARIOS DE MISA Y CONFESIONES

Weekday Mass Schedule - Horario de Misa del Dia  
8:30 am Tuesday - Friday, Martes - Viernes

#### WEEKEND MASS SCHEDULE – HORARIO DE MISA

Saturday Vigil Mass – Sábado Misa de Vigilia  
4:30 pm English / 6:30 p.m. Español  
Sunday Mass- Misa de Domingo  
8:00 a.m. English • 10:00 a.m. Español  
12:00 Noon English

#### CONFESIONS- CONFESIONES

Wednesday & Friday- Miércoles y Viernes  
After 8:30am Mass – después de la Misa de 8:30am  
Thursday – Jueves 5:00pm

#### THE BLESSED SACRAMENT CHAPEL – LA CAPILLA DEL SANTISIMO

will be opened on Monday, Tuesday, Wednesday, and Friday  
– estará abierta Lunes, Martes, Miércoles y Viernes  
9:00 a.m. - 1:00 p.m. / 5:30 p.m. – 8:00 p.m.

The chapel will be open on Thursdays from –  
Los Jueves la capilla estará abierta:  
9:00 a.m. - 1:00 p.m. / 5:00 p.m. – 7:00 p.m.

Benediction will follow the  
conclusion of the sacrament of reconciliation.-  
Bendición después del sacramento de reconciliación.

**El boletín en español está en la página 10**



Holy Family Catholic Church  
*Legacy*

“This is how it is with the kingdom of God.” Mark 4:26

“El reino de Dios es como un hombre que echa  
semilla en la tierra...” Marcos 4:26

**BUILDING TOGETHER THE LEGACY OF HOLY FAMILY –THE JOURNEY OF OUR FAITH  
CONSTRUYENDO JUNTOS EL LEGADO DE LA SAGRADA FAMILIA – EL CAMINO DE NUESTRA FE**



February 5, 2023 - Fifth Sunday in Ordinary Time

*"Your light must shine before others, that they may see your good deeds and glorify your heavenly Father." Mt 5:16*

 *a letter from home...*

## THE CONVINCING POWER OF THE SPIRIT

A lot of times we have the feeling of not knowing in which direction we should move. I don't know how to bring people into the light. Jesus is there to say, "I want to be light to you and then you need to be light to each other." The only way this will work is if we are in a covenant relationship, and we decide that we will not walk away. In relationships, when we are doing the real, spiritual work or even the work of human beings growing up together, developing and changing-it's impossible to do this unless there is a commitment. Otherwise, we evaluate the relationship and its value in terms of what it going on at that moment. It is all about performance. We have to watch the performance. If the performance, in the eyes of another person, is perceived as not helping them, then they tend to think they want to get out of the relationship. Certainly, not all relationships are covenant relationships. But it seems to me that if we are going to be involved in this world, in this kingdom, certain covenant relationships are essential to our spiritual growth. The most essential relationship, the one we cannot do without, is the relationship with God. This means we make a relationship with God to work with him-and he makes a commitment to work with us. Neither one will let something the other does destroy the relationship.

Let's look at the reading from the book of the prophet Isaiah, which provides a wonderful list of the things we are called to do in this kingdom. God is talking to the prophet Isaiah. God tells Isaiah that what he wants us to do for our brothers and sisters is to share our bread, to shelter the oppressed and the homeless, and to clothe the naked. That's food, shelter, and clothing. Our responsibility in a covenant relationship is to make sure people have food, shelter, and clothing. If we take that too literally, it becomes an almost impossible task. If we take it more symbolically, it means that in our relationships we are supposed to provide clothing, food, and shelter. Clothing means that we keep others warm in the relationship. Food means that we nourish others. Shelter means that we protect them from forces outside that could harm them. The most obvious element in a relationship that works is that there is some nurturing, some protecting, some sense of being cared for. This is exactly what God longs to do for us. God longs to create a kingdom for us, which is our place, our shelter. It is an environment where we are nurtured by a Spirit that gives us energy and strength to do this work. We are given all we need in terms of warmth and protection.

Isaiah says that if we are able to do this, then our light breaks forth like the dawn. The gloom goes away. When real care is there for another person, when a community is filled with care for one member to another, when a minister is filled

with care for those he is shepherding, that's the light. That's what takes away gloom, darkness, and depression. When we are in an environment where we feel we really matter and that someone is there to help us, the darkness is lifted away. Sometimes that light can be so searing and so harsh it is like stepping out of movie theater on a July afternoon. We walk out onto the parking lot and the sunlight is so harsh, we can't handle it. We know it's a difficult thing, but that's where commitment and covenant relationship are so important. The list goes on about living in the light. We then create a place where there is no oppression. There is no malicious speech. Talk can be so harmful when we say things we don't really mean. When we say things that don't really reflect where we are, that kind of crazy talk can be malicious speech in covenant relationships. We have to be honest. We have to say what is. We have to tell the truth.

In the reading from Paul to the Corinthians, we are invited to imagine how these gifts work. How is it that someone has the ability to stay with something and to be a source of light to someone? How can we live in the truth with staying power? How do we maintain a hunger for the truth? Paul says there is only one way to do this. He says he is not going to try to convince us with any kind of logic. He is not going to try to make it sound like it all makes sense. He wants us to realize there is only one way this all works. He says we have to open ourselves to this extraordinary power. We surrender to this power-what he calls the demonstration of Spirit and power. He gives all the credit (and he has the right to do that!) to the Spirit. Paul was going around arresting Christians and imprisoning them-even mass-murdering them-and he thought he was doing the right thing. Paul was in the dark. Remember how Paul was knocked off of his horse and the light was so intense that it blinded him for a long time? It was so hard for Paul to look at the truth of what he was really doing. Paul thought he was doing what God wanted. What Paul was doing was persecuting God incarnate. What a powerful image of light and darkness!

Paul talks about what it takes to make this kind of change. He describes where the strength comes from to be committed to a work and to be connected to it, to want to bring people into the truth. He says this ability comes from the convincing power of the Spirit. This does not rest on any kind of wisdom from human beings. He doesn't know how to do the work exactly, and he doesn't know where he is going next. Paul says he will know which way to go when he sees it. This is a powerful place to be if we are open to the Spirit.

Monsignor Don L. Fischer Reflections

### READINGS FOR THE WEEK

Today: FIFTH SUNDAY IN ORDINARY TIME

Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16

Mon: St. Paul Miki and Companions: Gn 1:1-19/Mk 6:53-56

Tue: Gn 1:20—2:4a/Mk 7:1-13

Wed: Gn 2:4b-9, 15-17/Mk 7:14-23

Thu: Gn 2:18-25/Mk 7:24-30

Fri: St. Scholastica: Gn 3:1-8/Mk 7:31-37

Sat: Gn 3:9-24/Mk 8:1-10

Sun: SIXTH SUNDAY IN ORDINARY TIME

Sir 15:15-20/1 Cor 2:6-10/Mt 5:17-37

### PRAYER CORNER

Please remember in your prayers:

Lisa Aalboe, Acevedo Family, Herb & Sue Alexander, Tony Ampania, Yvonne Andrews, Gianna Atilano, John Atilano, Dorothy Bain, John Bain, Anthony Bautista, Dolores Benner, Vicky Bennett, Elena Bernardino, Rachel Berry, Erica Brewton, Evelyn Campagna, Debbie Cearley, Carolina Chavez, Phyllis Cruz, Marge Della Villa, Miguel Diaz, Noel Diaz, Caridad Dizon, Boyd Doverspike, Avelina Espinoza & Family, Fr. Michael Estaris, Favachio Family, Mark Faustino, Jake Filmore, Steve Fraher, Sera Fruge, Mary Kate Funk, Oliver Galenti, Mauricio de Jesus Garcia, Natalie Michelle Garcia, Ramon Antonio Garcia, Myrtle Gilliam, John Giusti, Leti Gomez, Manuel Gonzalez, Stanley Hayes, Stewart Hayes, Michelle Haines, Joan & Ken Heisler, Luis Herrera, Michele Hock, Franklin Holt, Angie Yap Hopper, Roxanne Hounne, Elizabeth Ann Hughes, Katherine Jaramillo, Felicitas Zamora de Jasso, Raul & Eduardo Jasso, Jimmy, Johnson Family, Maria Diana Kosan, Shari Lewis, Janice Lima, Wendy Lopez Lorenzo, Kathy Maldonado, Nancy Marwelli, Caleb Merkley, Manuel Miranda, Ana Maria Monte Rosa, Felix & Raymond Montes, Maurilia Murillo, Martin Jeff & Courtney Nolasco, Joseph Oliveri, John O'Neil, Chris Ornelas, Ed Orsi, Salvador Ortega, Gilles Ouellet, Agnes Paez, Harold Enrique Parker, Peter and Antonette Pilotti & Family, Gloria Politron, The Ponce Family, Tommy Ponce, Kim Quan, Bonnie Rasher, Margie Reilly, Dusty Rhodes, Lynn Santiago, Hazel Sapida, Bill & Joyce Savage, Frank Roger Smith, Jardee Stanley, Larry Taylor, Virgilio Velarde, Milton Vidrine, Gina Washington, Robert Westbrook, Bob Wihl, John Wihl, Mr. & Mrs. Alan Wilson, Joey Yantis, Leonarda Zamora

### MASS INTENTIONS

Tue: 8:30am Cruz Badillo +; Juana Sanchez +; Aniceto Cobian +; Souls in Purgatory +  
Wed: 8:30am Cruz Badillo +; Juana Sanchez +; Aniceto Cobian +; Souls in Purgatory +  
Thu: 8:30am Alvaro Maltez -Birthday; Cruz Badillo +; Juana Sanchez +; Aniceto Cobian +; Raul Maltez +; Patricia Meehan +; Souls in Purgatory +  
Fri: 8:30am Cruz Badillo +; Juana Sanchez +; Aniceto Cobian +; Souls in Purgatory +  
Sat: 6:30pm Cruz Badillo +; Juana Sanchez +; Aniceto Cobian +; Souls in Purgatory +  
Sun: 10:00am Gian Carlo Lapoyeu -Birthday; Cruz Badillo +; Ignacio Gutierrez +; Aurelia Corona +; Jesus Robles +; Lidia Gutierrez +; Juana Sanchez +; Aniceto Cobian +; Ramona Reta Aguirrez +; Hermenegilda Ixmay +; Manuel Catarino Vicente +; Almas del Ourgatorio +

### PRAY FOR OUR TROOPS

#### US Air Force

Geoffrey C. Anderson  
A1C Steven M. Baker  
Sr. Master Sgt. Jason Blair  
Tech Sgt. Sebastian Brown  
Tech Sgt. Joseph P. Funk  
Sr. Mst Sgt Stephanie Williams  
Sr. Airman Brandon Wright

#### US Army

Sgt. Jeffrey Ryan Andrews  
Sgt. Julien Armour  
Pvt 2 Justin Baker  
Sgt. Tyler Brown  
SSG. Job De Haro  
WO 3 Robert Dearman  
Capt. Matthew Ford  
Anthony Godinez  
E1 Angie Santiago DeGuzman  
Specialist Damien Hart  
Pvt. 1st Class Franklin B. Holt II  
Sgt. Tyler Keith Johnson  
Pvt. Charles Phillip Lopez  
Sgt. Michael L. Monk, III  
Pvt 1st Class Richard Oliette

Pvt. Ryan Riley  
Pvt 1st Class Nicholas Ring  
Pvt 1st Class Justin Roamans  
E3 Cynthia Rosales  
Pvt Nicholas Steele  
Pvt Daniel Torres  
Nicolas Williams Warner

#### US Marine Corps

Lance Corp Charles M. Carte  
Lance Corp Sean P. Dennison  
Michaela Morin  
Corporal Sam Smalley

#### US Navy

Pierce Barbato  
Maritza Alvarez  
E5 Niko Batres  
CDR Timothy J. Biller  
Jacquelyn Brown  
Alex Fahey  
Thoms Koll  
Steven Mathias  
E3 Nicholas Matta  
E4 Shashi Mireles  
E5 Reginaldo Rosales, Jr.  
E3 Dominic Washington

### HOLY ROSARY

We invite you to join us to pray the Rosary for Pro-Life and the conversion of the World every Friday after the 8:30am Mass and the 1st Saturday of the Month at 12:00pm outside by Mary's statue.

For more information you can contact :

Silvia Ojeda 1-916-910-4719

Myrtle Gilliam 1-916-740-9806

### HELP US HELP OTHERS!

Catholic Ladies Relief Society • Kim Malone 916-726-0255

Feed the Needy • Grace Ngatia • 916-402-4161

St. Vincent De Paul • Ben Ramos 916-722-0264



Holy Family Catholic Church  
*Legacy*

**BUILDING TOGETHER  
THE LEGACY OF HOLY FAMILY –  
THE JOURNEY OF OUR FAITH**

**CONSTRUYENDO JUNTOS  
EL LEGADO DE LA SAGRADA FAMILIA –  
EL CAMINO DE NUESTRA FE**

### **LOVE IN ACTION KITCHEN**

Now open for dinner on Wednesday evenings. Doors will open at 4:00, dinner is served at 5:00

### **MOTHER'S MINISTRY SPRING BIBLE STUDY**

Please join us for our Mother's Ministry Spring Bible Study on Revelation starting Tuesday February 14 through April 25 from 9:30 am to 11:30 am in the parish Community Center.

### **WORLD YOUTH DAY PILGRIMAGE 2023**

WYD 2023 is less than a year away. Spots are still available in the Diocesan Pilgrimage. Don't miss out of this great opportunity to worship with Young Adults from all over the world in the largest gathering of young adults in the world. This pilgrimage can be a moment for you to grow in your faith and relationship with Christ. Don't miss out! For all information visit [www.scd.org/wyd2023](http://www.scd.org/wyd2023) Questions: Contact Antony Ta: 916-733-0151 [ata@scd.org](mailto:ata@scd.org) or Alex Barraza 916-733-0134 [abarraza@scd.org](mailto:abarraza@scd.org).

### **THE BIBLE TIMELINE: PSALMS / BIBLE STUDY WINTER SANCTUARY ANNOUNCEMENT**

The rotating Winter Sanctuary is already underway in the City of Citrus Heights and Holy Family will host the week of February 12-February 18. We are thankful for the meals already pledged and now offer the opportunity for volunteers to help with serving and over night stays. Please consider volunteering as a family or invite folks from work to team up.

Questions can be answered and sign ups will be available after each Mass here near the flower room. Thank you!

### **COME STUDY THE BOOK OF PSALMS WITH US!**

Psalms: The School of Prayer reminds us why the Psalms are at the heart of the Bible. They are prayers from God that help us learn to pray. The Holy Spirit inspired them. Israel sang them. Christ himself prayed them, as did our Blessed Mother. Their words captivate the imagination and draw us into a deeply personal encounter with God. This study will include a series of eleven videos presented by Jeff Cavins and others. Each video will be preceded by a lively group discussion. This year we will have both online and in-person modes at the same time. We will meet on Thursdays from 7pm to 8:30pm. Send an email to John at [johnmr@ncc1701d.net](mailto:johnmr@ncc1701d.net) to sign up.

Attendance is free. We will also provide materials. Although there are some helpful online materials that are made to go with this presentation that you may purchase to supplement your learning, it is not required. Please join us for a life-changing journey through the Bible! See you there!

### **REVELATION: THE KINGDOM YET TO COME**

...is an intriguing 10-session study program that shows how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven. In this study, presenter Jeff Cavins pulls back the veil on the rich symbolism present in Revelation. If you are interested, please contact Sara Cotterill at 916-780-7340 or Diane Velasquez at 916-495-9634 on or by February 7 to get a head count to order the books. The cost is \$35.00.

### **CATHOLIC SCOUTING COLLEGE SERVICE SCHOLARSHIPS**

The National Catholic Committee on Scouting (NCCS) is awarding ten service scholarships totaling \$27,000. If you are a service oriented Catholic Scout, who is a high school senior, has received the Ad Altare Dei, Light is Life or Pope Pius XII award, and earned the Eagle Scout, Summit or Quartermaster Award you may qualify. See the NCCS website: [nccs-bsa.org/college-s...](http://nccs-bsa.org/college-s...) for complete eligibility requirements and the 2023 application. NCCS Scholarship applications are due by March 1st each year.

### **CAMP PENDOLA IS HIRING**

Are you looking for a summer job? Do you want to have a positive impact on kids 7 to 17 you're your answer to either question yes, please consider applying to be a Camp Counselor at Camp Pendola. We are looking for fun, faith filled, caring and energetic applicants to fill our summer camp positions! Join the team and create lifelong memories for you and everyone you connect with this summer. More information and application can be found at [pendola.org/employment...](http://pendola.org/employment...)

### **WORLD MARRIAGE DAY 2023**

February 11, 2023 9:30 am - 11:30 am Good Shepherd Parish 9539 Racquet Ct. Elk Grove, CA 95758 Join us as we honor marriage and salute the beauty of faithfulness, sacrifice, and joy in married life. There will be a special blessing for sacramentally married couples and an opportunity for them to renew their marital commitment.

After Mass, there will be an opportunity to receive a blessing and picture with Bishop Soto. Special certificates will be distributed at the reception honoring couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+) Mass will be also live-streamed. If you plan to attend, please register at: [www.scd.org/wmd](http://www.scd.org/wmd) For more information contact: Moises De Leon 916.733.0133 or email [MDeleon@scd.org](mailto:MDeleon@scd.org)

### **HOLY FAMILY ORNAMENT**

The delivery of our Holy Family ornaments Has been delayed. We have been informed that the Holy Family ornaments will not arrive until after Christmas. As we understand it, a couple of the employees, at the factory in Poland, became ill and were unable to work for a couple of weeks. Unfortunately, this slowed their production, and they were not able to ship our ornaments in time for Christmas.

These are truly beautiful ornaments and we would encourage you to display them in your home throughout the year as a beautiful reminder of our place of worship. If you have a prayer table/corner set aside in your home, this would be an ideal addition to enhance your prayer space.

Please accept our sincerest apology for the delay. These things are obviously beyond our control. As disappointing as this news is, we invite you to offer a prayer for all of the employees who have worked so hard to provide such a beautiful rendition of our church. Let us also remember the difficult and dangerous environment they currently endure as we continue to pray for peace in Ukraine.

We will let you know as soon as the ornaments arrive.

# PARISH DIRECTORY AT-A-GLANCE

## Pastoral Council - Consejo Pastoral

Contact the Parish Office: (916) 723-2494

## Hispanic Apostolate/ Apostolado Hispano

Contact: Rodrigo Uribe (916) 308-1701, Ary Arauz (916) 524-9029

## Liturgy Council - Consejo Liturgico

Contact: Deacon Mark Holt (916) 723-2494

## Finance Council - Consejo Finanzas

Contact the Parish Office: (916) 723-2494

## Parish Bookkeeper - Contador

Contact the Parish Office: (916) 723-2494

## Director of Faith Formation -Catecismo

Contact the Parish Office: Sister Susana (916) 723-2494

## Youth and Young Adult Ministry - Ministerio de Jóvenes Grados 9-12

Rodrigo Uribe (916) 308-1701

## RCIA - RICA para Adultos

Contact the Parish Office: Sister Susana (916) 723-2494

## Baptism Instruction - Platicas Prebautismales

Please contact the Parish Office (916) 723-2494

## Eucharistic Ministers - Ministros de la Comunión

Deacon Mark Holt (916) 723-2494

Ary Arauz (916) 524-9029

## Lectors - Proclamadores de la Palabra

Bernadette Viernes lectors-hfc@surewest.net

## Altar Servers - Acolitos

Paris Office: Edwin Valdez (916) 349-1741

## Music Ministry - Ministerio de Musica

John Wihl (916) 215-3459

Jorge Rivera (916) 223-2448

Roberto Gervacio (916) 349-6619

## Hospitality - Hospitalidad

Leane Wilkinson (916) 872-5703

Manuel & Beatriz Reta (916) 969-2284

Segoviano & Marcela Guzman (916) 693-4225

Lorenzo & Angelica Vazquez (916) 583-2980

## Spanish Prayer Group

Contact the Parish Office: (916) 723-2494

## HOLY FAMILY PARISH BULLETIN

Published Weekly

### Weekly Deadline for Item Submission:

Monday, 4:00 pm, for the following weekend

### For information, to submit a bulletin item or to place an ad:

Visit the Parish Office or call (916) 723-2494, or

E-mail: office@holycitrusheights.org

# DIRECTORIO DE LA PARROQUIA

## MINISTRIES & CHURCH AFFILIATIONS

### Angelic Dusters

Please call the Parish Office (916) 723-2494

### Catholic Ladies Relief Society

D'Anne Mattarolo (916) 798-4200

### Catholics Returning Home

Parish Office: (916) 723-2494

### Eucharistic Adoration

Please call the Parish Office (916) 723-2494

### Evenings for the Engaged

Bill and Joyce Gray (916) 723-8372

### Feed the Needy

Grace Ngatia (916) 402-4161

### Fellowship and Welcoming Ministry

Please call the Parish Office (916) 723-2494

### Knights of Columbus

Art Valdez, Grand Knight

### Knights of Columbus Squires

John Freeman (916) 723-8211

### Loaves & Fishes

Please call (916) 446-0874

### Ministry to Sick

Deacon Mark Hronicek (916) 723-2494 x138

Esther De León (916) 962-2209

### Prayer Shawl Ministry

Janet Leuschen (916) 270-3477

### Pro-Life Ministry

Jackie Aguilar (530) 844-8750

### Cub Scouts

Jacob Sooy (916) 605-8507

### Society of St. Vincent De Paul

Vickie Spadini (916) 722-0264

### Vocations Cross

Parish Office: (916) 723-2494

Lara Parks (916) 723-2494

### Women's Council

Katie Affleck (916) 214-7920

# HOLY FAMILY CATHOLIC CHURCH

## IGLESIA CATÓLICA DE LA SAGRADA FAMILIA

7817 Old Auburn Road, Citrus Heights, CA 95610 Teléfono: 916-723-2494



Domingo 5 de febrero, 2023

### REFLEXIÓN SOBRE EL MENSAJE DE HOY

Para las personas que buscan el sentido que anime su vida, la Palabra de Jesús abre perspectivas siempre inéditas, añade colores sorprendentes e impensables y proporciona el deseo de un proyecto de vida radicalmente diferente del que pueden ofrecer las realidades del «mundo». Una vez degustado el «sabor» nuevo de una existencia iluminada por Cristo, no hay más posibilidad para aquello que a menudo, y de modo mediocre, satisface fugazmente nuestros deseos de felicidad, dejándonos insatisfechos y decepcionados. Cuando permitimos que se avive el anhelo de una vida plena y «en abundancia» (cf. Jn 10,10), que dé sentido auténtico a nuestro ser y a nuestro obrar, permitimos que una fuerza, la del Espíritu, que trasciende nuestra valía, se manifieste al mundo a través de nosotros. «Sal» y «luz», tesoro valioso que llevamos en vasijas de barro, son dones no para retenerlos, sino para verterlos en los lugares donde se ha perdido el gusto y la esperanza de una vida digna de ser vivida o cuando alguien ha apagado la confianza.

Ninguna ritualidad exterior puede reemplazar las implicaciones más que comprometedoras descritas por Isaías: los gestos de compartir, la opción en favor de quienes sufren la privación injusta y forzada de aquellos bienes necesarios para vivir y que hacen visible y creíble la fe. La misión, y con ella el discípulo del Evangelio, conoce los tiempos del mensaje gritado desde las azoteas y la difusión de la Palabra escandalosa de la cruz hasta los confines del mundo, y también sabe reconocer los momentos silenciosos, discretos, extraordinariamente potentes de una caridad solidaria, de la que hablan las «buenas obras» que dan gloria al Padre, que está en los cielos. La comunidad cristiana no vive separada del mundo, sino inmersa en los acontecimientos de su tiempo, en los que está llamada a obrar: como la sal, que en sí no es ninguna comida y sólo unida, mezclada, deshecha en los alimentos, puede desarrollar su cometido; de la misma forma, la Palabra que el creyente anuncia tiene que penetrar y vivificar desde dentro los ambientes en los que es sembrada. Es un quehacer fiel y constante que debe hacerse presente en un testimonio de vida sencillo y sobrio, a veces trémulo y «débil», pero revestido de la fuerza de Dios, quien asegura su validez y eficacia.



### PREGUNTA DE LA SEMANA

**Pregunta para los niños:** ¿Qué pueden hacer para llevar la luz de Jesús a la vida de sus familiares, amigos y personas que conocen?

**Pregunta para los jóvenes:** ¿Cómo se sienten cuando Jesús dice que USTEDES son la sal de la tierra y que USTEDES son llamados a ser la luz de los demás?

**Pregunta para los adultos:** ¿Qué esfuerzos específicos han tomado para mantener su luz? ¿Ustedes dejan que su luz se apague? ¿Por qué?

LECTURAS DE LA PRÓXIMA SEMANA	Lunes 2/6	Martes 2/7	Miércoles 2/8	Jueves 2/9	Viernes 2/10	Sábado 2/11	Domingo 2/12
1º. Lectura	Génesis 1, 1-19	Génesis 1, 20—2, 4a	Génesis 2, 4b-9. 15-17	Génesis 2, 18-25	Génesis 3, 1-8	Génesis 3, 9-24	Eclesiástico 15, 15-20
Salmo Responsorial	Salmo 103, 1-2a. 5-6. 10 y 12. 24 y 35c	Salmo 8, 4-5. 6-7. 8-9	Salmo 103, 1-2a. 27-28. 29bc-30	Salmo 127, 1-2. 3. 4-5	Salmo 31, 1-2. 5. 6. 7	Salmo 89, 2. 3-4. 5-6. 12-13	Salmo 118, 1-2. 4-5. 17-18. 33-34
2º. Lectura							1 Corintios 2, 6-10
Evangelio	Marcos 6, 53-56	Marcos 7, 1-13	Marcos 7, 14-23	Marcos 7, 24-30	Marcos 7, 31-37	Marcos 8, 1-10	Mateo 5, 17-37

### YA ESTÁ ABIERTA LA COCINA "AMOR EN ACCIÓN"

Ahora abierta para la cena los miércoles por la noche. Las puertas abren a las 4:00, y la cena se sirve a las 5:00 pm. ¡TODOS SON BIENVENIDOS!

### JORNADA MUNDIAL DE LA JUVENTUD 2023

La Jornada Mundial de la Juventud 2023 se llevará a cabo en menos de seis meses. Aún hay tiempo de que te inscribas en el peregrinaje Diocesano a la Jornada. Se parte de la reunión más grande de jóvenes del mundo. Participa de la Santa Misa celebrada por el Santo Padre. Será un momento increíble de fe y crecimiento espiritual para ti. La información se encuentra en [www.scd.org/wyd2023](http://www.scd.org/wyd2023) o llamando a Alex Barraza al 916-733-0134 [abarraza@scd.org](mailto:abarraza@scd.org)

## SANTUARIO DE INVIERNO

El Santuario de Invierno rotativo ya está en marcha en la ciudad de Citrus Heights y la Parroquia de la Sagrada Familia será la anfitriona la semana del 12 al 18 de Febrero.

Ya estamos muy agradecidos por las comidas ya prometidas y ahora ofrecemos la oportunidad para que los voluntarios ayuden con el servicio y la estadía de una noche. Este voluntariado es de vital importancia para este santuario. Por favor, considere ser voluntario como familia o invite a la gente del trabajo a formar equipo.

Si tiene inquietudes, dudas o preguntas; o se quiere registrarse para traer comidas, ayudar en el santuario o tomar turnos de noche, estaremos presentes después de cada Misa cerca de la sala de flores, bajo la estatua de San José. ¡Gracias por considerar ser nuestro voluntario en este ministerio de caridad hacia los más necesitados! Cordialmente, Irene Hronicek



## JORNADA MUNDIAL DE LA JUVENTUD 2023

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## Día Mundial del Matrimonio 2023

Únase a nosotros para honrar el matrimonio, la belleza de la fidelidad, sacrificio y la alegría en la vida matrimonial. Durante la transmisión en vivo de la misa, habrá una bendición especial para las parejas casadas sacramentalmente y la oportunidad de renovar su compromiso matrimonial. Después de la misa, habrá la oportunidad para las parejas que reciban la bendición y foto con el Obispo Soto. En la recepción, se entregará un certificado especial a las parejas que celebran un aniversario significativo (10, 25, 30, 35, 40, 45, 50, 50+). Si está planeando asistir favor de inscribirse en: [www.scd.org/wmd](http://www.scd.org/wmd) Si tiene preguntas favor de llamar a la Oficina de Familia y Formación en la Fe al (916) 733-0133

## CONFERENCIA DE MATRIMONIOS: AMAR MÁS

**Febrero 18, 2023 9:00 am a 5:00pm St. James Parish (1275 B Street, Davis, CA)**

Llamados a la alegría del amor y el plan de Dios para Nosotros. Los temas incluyen "Recetas para vivir en armonía", "respeto e intimidad", "En el Amor no hay Temor: Comunicación Respetuosa", "Lo que él necesita y lo que ella necesita", "Armonía en el Matrimonio", entre otros. Finalizaremos con la Misa y la Renovación de votos. Tendremos a la venta el libro de Evan Lemoine (Hacernos UNO: Construyendo un amor para siempre). El costo por pareja es de \$60 por pareja. Si está planeando asistir favor de inscribirse en: <http://www.scd.org/amarmas> Si tiene alguna pregunta favor de llamar al Oficina de Familia y Respeto a la Vida al Moises De Leon 916.733.0133 o envíe un email a [MDeleon@scd.org](mailto:MDeleon@scd.org)

## LIBERTAD RELIGIOSA Y RESPONSABILIDAD DE LOS PADRES

**Sábado, 4 de Marzo, 12pm – 2:00pm Parroquia del Buen Pastor 9539 Racquet Court, Elk Grove, CA 95758**

Este evento gratuito equipará a las personas de fe para participar respetuosamente en la plaza pública con convicciones religiosas demostradas de manera cautivadora y redentora. También tendrá la oportunidad de conocer a otros padres y líderes en los distritos escolares locales, incluidos Roseville, Rocklin, Western Placer, Elk Grove, Folsom Cordova, Sacramento, San Juan, Buckeye, West Sacramento. Regístrate en: [www.scd.org/libertad](http://www.scd.org/libertad) ¿Preguntas? Contacte la Oficina de Familia y Respeto a la Vida: [MDeleon@scd.org](mailto:MDeleon@scd.org) o 916-733-0133

## CAMP PENDOLA ESTA CONTRATANDO

¿Estás buscando un trabajo de verano? ¿Desea tener un impacto positivo en los niños de 7 a 17 años? TU eres la respuesta a cualquiera de las preguntas, sí, considera solicitar un puesto como consejero de campamento en Camp Pendola. ¡Estamos buscando solicitantes divertidos, llenos de fe, atentos y enérgicos para llenar nuestros puestos de campamento de verano!

Únete al equipo y crea recuerdos para toda la vida para ti y para todas las personas con las que te conectes este verano. Puede encontrar más información y solicitud en [www.pendola.org/employment](http://www.pendola.org/employment)

## MINISTERIO DE LA MADRE

Por favor, únase a nosotros para nuestro Estudio Bíblico de Primavera sobre el Apocalipsis, en el Ministerio de las Madres; a partir del martes 14 de febrero hasta el 25 de abril de 9:30 am a 11:30 am en el Centro Comunitario de la parroquia.

"Apocalipsis: El Reino por Venir" es un intrigante programa de estudio de 10 sesiones que muestra cómo el reino establecido por Cristo en su Iglesia está íntimamente conectado con el reino de los cielos. En este estudio, el presentador Jeff Cavins retira el velo del rico simbolismo presente en Apocalipsis. Si está interesado, comuníquese con Sara Cotterill al 916-780-7340 o con Diane Velásquez al 916-495-9634 el 7 de febrero o antes del 7 de febrero para obtener un recuento para ordenar los libros. El costo es de \$35.00.

## TALLER SOBRE LA TEOLOGÍA DEL CUERPO

Feb. 17, 2023 6:00 pm- 8:30 pm (La puerta se abrirá a las 5:30 pm) St. John Vianney 10497 Coloma Rd, Rancho Cordova, CA 95670 Para Jóvenes (Jóvenes Confirmación/adolescentes) edades de 12-16 años

Charla para los Jóvenes en Inglés: "Quién soy y que quiero", "El plan de Dios para el amor y la sexualidad"

Para Padres (Taller ofrecido en español e Inglés) Horario: 6:00 pm- 8:30 pm (La puerta se abrirá a las 5:30 pm)

Charla para padres en español: "Teología del Cuerpo y educación de los hijos", "Disciplina positiva y teología del cuerpo"

Costo: \$20 por Familia. Regístrese hoy mismo en <https://catholic.formstack.com/forms/tob2022>

## Conferencia de Matrimonios: Amar Más

Febrero 18, 2023 9:00 am a 5:00 pm St. James Parish (1275 B Street, Davis, CA) Llamados a la alegría del amor y el plan de Dios para Nosotros. Temas: Recetas para vivir en armonía, respeto e intimidad, En el Amor no hay Temor: Comunicación Respetuosa, Lo que el necesita y lo que ella necesita, Armonía en el Matrimonio, Misa y renovación de votos. Habrá venta de libro de Evan Lemoine (Hacernos UNO: Construyendo un amor para siempre) Costo: \$60 por pareja Si está planeando asistir favor de inscribirse en: [www.scd.org/amarmas](http://www.scd.org/amarmas) Si tiene alguna pregunta favor de llamar al Oficina de Familia y Respeto a la Vida al Moises De Leon 916.733.0133 or email [MDeleon@scd.org](mailto:MDeleon@scd.org)

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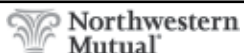
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